



For Immediate Release

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NEWS RELEASE
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Pacific North West Capital and Benton Resources Commence Drill Program on Heenan Property, Swayze JV Project

Vancouver, Canada – September 30, 2008: Pacific North West Capital Corp. (“PFN”) (TSX: PFN) and **Benton Resources Corp.** (TSX.V: BTC) (“Benton”) are pleased to announce that drilling has commenced on the Heenan Property’s Hussey-Aube gold zone which is part of the Benton - PFN joint venture in the Swayze Greenstone Belt, southwest of Timmins, Ontario. Gold mineralization was first discovered by prospectors J. Hussey and A. Aube in 1997 and has not seen any exploration activity until the Swayze JV optioned the Heenan claim block in late 2007. As part of the 2008 work program designed to evaluate the nickel potential of the joint venture area, prospecting by Benton over the Heenan zone returned assays grading from <2 grams per tonne up to 6.4 grams per tonne gold over a 400 meter strike length. The zone is hosted within albitized and carbonated altered metavolcanic rocks having trace to 10% fine grained disseminated sulphides and is coincident with a distinct 600 meter-long induced polarization chargeability and resistivity anomaly. A drill has been mobilized to the property and approximately 500 meters of drilling in three shallow drill holes will test the subsurface continuity of the gold mineralization.

Results of the drilling will be released as they are received and compiled.

Clinton Barr (P.Geo.), V.P. Exploration for Benton Resources Corp., is the qualified person responsible for this release.

About Pacific North West Capital Corp:

Pacific North West Capital Corp. (TSX.PFN OTCBB.PAWEF Frankfurt.P7J) is a mineral exploration company focused on Platinum Group Metals (PGMs) and Base Metals. Management’s corporate philosophy is to be a Project Generator, Explorer and Project Operator with the objective of option/joint venturing projects with major mining companies through to production. To that end, Pacific North West Capital’s current option/joint ventures agreements are with Anglo Platinum, Stillwater Mining Company, Xstrata Nickel, Benton Resources, First Nickel and SOQUEM.

About Benton Resources Corp:

Benton Resources Corp. is a mineral exploration company listed on the TSX Venture Exchange under the symbol BTC. Benton's aggressive and experienced management team is focused on base and precious group metal exploration. The Company's diverse property portfolio includes Canadian projects which are highly prospective for gold, uranium, platinum, palladium, nickel and copper. The Company currently has approximately \$18.5 million in working capital.

Pacific North West Capital Corp. has approximately \$9 million in working capital and securities.

On behalf of the Board of Directors



Harry Barr
President and CEO

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The Toronto Stock Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release

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